

Understanding your decisions

Diagram one

Concern: "I'm unsure about making myself the leader of the group."

First why: Why are you unsure about taking the lead?

Answer: I don't want to come across as controlling to other people in the group.

Second why: Why will you come across as controlling?

Answer: Nobody from the group nominated me to supervise the project. (They also might not feel the need to have a leader for this work).

Third why: Why does someone have to supervise the group?

Answer: To hold us accountable to completing the work on time.

Fourth why: Why will having a group leader help you hand in the work on time?

Answer: Maybe someone doesn't have to lead the group, but there needs to be some kind of leadership within the group to keep us organised.

Fifth why: Why does that matter?

I want to do well in this module, and part of that involves the group submitting this project on time.

One underlying concern

Running out of time to complete the assignment

Deciding whether I should take the lead on this project is to help monitor our group's progress, is one way of ensuring that we submit this work on time.

Another resolution could be to consider how I can better manage my time, and bring these suggestions to the group, rather than being the group leader. Though this may annoy some members of the group, it will be even more annoying if we don't take the initiative to start the work, and risk handing in the project late.

Diagram two

Concern: "I'm wary about suggesting that we have individual roles for this project."

First why: Why should everyone have an individual role?

Answer: It will help distribute the workload between the group.

Second why: Why does that matter?

Answer: This project is difficult, and it will be feel less overwhelming if everyone has their own responsibility within the group.

Third why: Why will it be easier?

Answer: This is a group project, and no one should be left to do the work alone.

One underlying concern

Trusting whether other group members will contribute to the project

Although I can't dictate the quality of the work that other people produce, setting some group rules, such as having roles, can help take the pressure from one person having to manage the entire project themselves. This is just one way of solving this issue.